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# Preparations for Endosseous Implants. Part 2. —Laying stress on the method of measuring the efficiency of the insertion guide—

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#### Summary

As a preparation for endosseous implants, we determined the occlusal relationship after fixing superstructures in a study cast, on examination of the positions and bearings of inserted implants. We then made up a guide to put it to practical use in the oral cavity, and gained clinically good results.

We picked two cases out of the latest implanting data and examined the study cast in occlusal bearing and the post-operative cast in three bearings; (occlusal, buccal and distal). As a result, this method could be considered suitable for measuring the efficiency of the guide. In measuring it, the fact that an inserting position of implant was displaced 1 mm (at the maximum) to mesio-distal and about 0.3 mm bucally was recognized. Planting direction inclined approximately 4.5° (at the maximum) to mesio-distal and approximately 3° bucally.

## Introduction

The last time the author<sup>1)</sup> reported about the importance of inserting endosseous implants in the right position and direction at the time when endosseous implants are inserted, by inserting Shape Memory Implants to examine the considerable matter for proper pre-operative preparations and observing upper and lower casts (of patient's pre- and post-implant-operative and after putting superstructures) of a patient who has received prosthetic treatment. But there were extremely few cases in which the implant was inserted to the right position for occlusion of superstructures or direction of bite force. The reason is that there is no special guide for us to use.

We determined the occlusal relationship after fixing the superstructures in a study cast,

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examining the insert positions and bearings of implants. We then made up a guide to put it to practical use in the oral cavity, and gained clinically good results.

This time we report on the method of measuring the efficiency of the guide by choosing two implant-inserted cases.

## **Materials and Method**

#### 1. Materials

Materials to measure the efficiency of the guide for implant-insertion are : a study cast which has no inserted implants (it will be called a study cast hereafter), a cast in which implants have already been inserted (it will be called a post-operative cast hereafter) and the guide which has been used for the implant-inserting operation (it will be called a guide hereafter).

Case 1: The patient is a 39-year-old female and has a  $\lceil 56 \rceil$  middle-defect (Fig. 1). Fig. 2 shows the implant-insertion-guide. We are able to insert a 12 mm Shape Memory Implant in the midddle part of  $\lceil 4 \rceil$  and  $\lceil 7 \rceil$ . Fig. 3 shows its post-operative cast.

Case 2: The patient is a 48-year-old female and has a  $\overline{76}$  defect (Fig. 4). A 12 mm Shape Memory Implant was inserted into  $\overline{7}$  (Fig. 5).

## 2. Designing of the parallel casts

For each case, we drew accurate parallel casts on the basis of the occlusal plane of the lower jaw. The way of designing is the same as in the last report<sup>11</sup>: we positioned perpendicularly the back plane of the upper jaw cast to the medium line of the plate of the upper jaw or basic plane (occlusal plane of lower jaw). After making the upper and lower jaw casts occlude properly, we formed an identical plane between the back plane of the lower jaw cast and the back plane of the upper jaw cast.

## 3. Method

As Fig. 6 shows, we photographed from three defferent directions to measure the efficiency of the guide.

(1) From the occlusal direction :

We made life-size photographs of the upper and lower parallel casts from the occlusal direction with DSC-618-A PHOTOPET (manufactured by Dainihon Screen Co.), and designed the occlusogram<sup>2,3)</sup>. The occlusogram in the standard life-size photograph was taken of a parallel cast from the occlusal direction. The photographing condition was: iris 32, shutter speed 1 sec. Next, each occlusogram was traced on the tracing paper (Fig. 7). We superimposed them, and compared the implant-inserting position which was seen from the occlusal plane side and the position which was inserted practically, and also measured the positional relationship with the opposite tooth. (2) From the buccal direction :

Next we placed the guide in the right position on the casts and photographed it from the buccal direction. The photographing position was on the extended line of the implant-inserting position and it was perpendicular to the alveolar ridge line of the jaw banks. According to this photograph the mesio-distal palanting direction of the implant was measured from the buccal side. (3) From the distal direction :

Lastly we cut the post-operative cast at the distal part of the implant-inserting position, which is perpendicular to the alveolar ridge line. We then placed the guide and photographed from the distal direction. According to this photograph the buccal planting direction was measured from of the distal direction.

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Fig. 1. Upper and lower study casts (case: 1)



Fig. 2. Insertion guide for implant



Fig.3. Upper and lower post-operative casts (case : 1)



Fig. 4. Upper and lower study casts (case : 2)



Fig. 5. Upper and lower post-operative casts (case : 2)



Fig.6. Three photographing directions for measuring the efficiency of the guide (O: occlusal, B: buccal, D: distal direction)



Fig. 7. Occlusogram and occlusogram-tracing

#### Results

We tried to measure the following two cases by using the above method.

Case 1: Fig. 8 shows that we superimposed the occlusogram tracing of the post-operative cast over one of the study cast.

The red part shows the bottom position of the implant-head, which was decided by using the study cast before the operation. The blue part shows the bottom position of the implant-head which was inserted practically. According to this figure we found that the practical implant-inserted position was almost the same as the pre-operative decided position.

Fig. 9 shows that we superimposed the tracing of the post-operative cast upon one of the opposite tooth occlusogram.

From this figure we judged that the positional relationship between the implant-head and the opposite tooth was excellent.

Fig. 10 shows that we set up the guide on the post-operative cast correctly and photographed it from the buccal direction. SA: The angle is made by the implant-head inclination of pre-and post-operation. According to this figure we found that the mesio-distal planting direction inclined about 4° mesially from the position decided before the operation. Fig. 11 shows that we cut the post-operative cast at the distal part of the implant-head to be perpendicular to the alveolar ridge line, and photographed it from the distal direction. DA: The angle is made by the planting direction by pre-and post-overative implant-head. This figure indicates that the buccal planting direction inclined about 1.5° buccally from the pre-operative position.

Case 2: Same as case 1, Fig. 12 shows that we superimposed the occlusogram tracing of the post-operative cast over one of the study cast. The red part shows the position of the implant-head on the study cast, which was decided before operation, and the blue part shows the bottom position of the implant-head which was inserted actually. From this tracing, we recognized the result that the position in which the implant was actually inserted displaced about 1 mm distally and about 0.3 mm buccally compared with the pre-operative position.

Fig. 13 shows that we superimposed the occlusogram tracing for the post-operative cast over one of the opposite teeth. According to this tracing, in relation to the opposite tooth, inserted implant-head was displaced slightly distal-buccally from the pre-operative decided position but as it was close to the central fossa of the opposite tooth, there was no clinical problem. Fig. 14 shows that we photographed the post-operative cast with a guide from the buccal direction. We can see that the planting direction of the implant-head inclined about 4.5° mesially from the pre-operative decided direction. Fig. 15 shows that we photographed from the distal direction.

We can see that the planting direction of the implant-head inclined about 3° buccally from the pre-operative position.

#### Discussion

As above, we summarized how we measured the efficiency of the guide and tried to measure it ourselves by choosing two out of the recent implanting cases.

To sum up the results of the two measurements, the bottom of the implant-head was displaced about 1 mm at the maximum mesio-distally and about 0.3 mm bucally. The planting direction inclined about 4.5° at the maximum mesio-distally and about 3° buccally.

Thus, although we used the guide, the position and the direction changed slightly from those



Fig. 8. Superimposing the tracing of the lower study cast over post-operative cast (case: 1)



Fig. 10 . Photographing the implant-head with the guide from the buccal direction (case: 1)  $\,$ 



Fig. 12 . Superimposing the tracing of lower study cast over post-operative cast (case : 2)



Fig. 14 . Photographing the implant-head with the guide from the buccal direction (case: 2)  $% \left( \left( {{{\mathbf{T}}_{{\mathbf{T}}}}_{{\mathbf{T}}}} \right) \right)$ 



Fig. 9. Superimposing the post-operative position of implant-head over tracing of opposite teeth (case: 1)



Fig. 11 . Photographing the implant head with the guide from the distal direction (case: 1)  $\,$ 



Fig. 13. Superimposing the post-operative position of implant-head over tracing of opposite teeth (case : 2)



Fig. 15 . Photographing the implant-head with the guide from the distal direction (case : 2)  $% \left( {\left[ {{{\rm{T}}_{\rm{T}}} \right]_{\rm{T}}} \right)_{\rm{T}}} \right)$ 

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decided on the study cast before the operation. Therefore, without a stardard, these is a possibility of having even more change. Even using the standard, it is difficult to establish the proper occlusal relationship of superstructures. If the superstructure is fixed without inserting the implant with proper position and direction, the implant body may be given an unsuitable divided force, causing resorption of the bone around it, and also movement of the implant. So the implant must be inserted in as possible to the position and the direction as closly which was decided on the study cast. In addition, the force from outside—mainly the bite force— must be accepted on the extended axis which links the bone, the implant, the superstructure and the opposite tooth. To achieve this insertion perfectly, an effective insertion induced guide is needed.

Although a few guides<sup>4,5)</sup> have been designed, they are mainly only trial guides, and do not, like the one the author designed<sup>6)</sup> induce the position and the direction of the bar directly when the channel is drilled.

The author believes that the direction of the bar is vital to the setting up of the guide in the oral cavity when the channel is drilled.

The method we reported this time is considered to be extremely simple and effective in proving the efficiency of this guide.

The special capabilities of the guide include the following :

(1) The inducement of the implant-inserting position and direction at the time when the channel is drilled.

(2) The removal of the tongue at the time when the channel is drilled.

(3) The removal of the lingual gingival flap.

It is useful for the above matters. However, one fault of the guide is that the implant-planting position and direction are easily changed buccally. Fortunately we saw only extremely small change in this area.

## Conclusion

To examine the method of measuring the efficiency of the implant insertion guide, we choose two cases out of the recent implantings, photographed them from three directions (occlusal, buccal, distal), compared, by the use of occlusogram, the pre-operative implant-inserting position and direction on the study cast, with achieved ones on the post-operative cast, and gained the following results.

1) As a method of measuring the efficiency of the implant insertion guide, having examined the study cast occlusally and the post-operative cast with the guide from three directions (occlusal, buccal, distal), our method is considered to be suitable.

2) The implant-inserting position changed about 1 mm at the maximum mesio-distally and about 0.3 mm buccal-lingually.

3) The implant-planting direction inclined about 4.5° at the maximum mesio-distally and about 3° buccal-lingually.

4) Although a little change of both the implant-inserting position and direction was recognized, it was clinically irrelevant.

This insertion guide can be considered to be effective.

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